

# 2020 Convention From Your Couch Workshops

as of May 1 - subject to change

#	WORKSHOP TITLE	SPEAKER	TRACK/AGE	CATEGORY
1	Beyond CPAP: The New Era of Sleep Apnea Treatment	Raj Dedhia & Nikhila Raol	All Ages	Medical
2	ABCs of Effective Reading Instruction	Dana Halle	Birth to School Age	Education
3	Will My Child Always Wear Diapers? Understanding Toileting Challenges and Exploring Solutions	Terry Katz	Birth to School Age	DS-ASD/ Behavior
4	Early Intervention Strategies	Stacy Taylor	Birth to School Age	Behavior
5	Maximizing Language Skills from Birth to Preschool	Libby Kumin	All Ages	Education/Communication
6	Practical Ways to Apply Assistive Technology: Tips, Tools and More	Sean Smith	School Age	Technology/Education
7	Throwing Out the Box	Kate Dougherty	School Age	Technology/Education/Inspirational
8	Stop, Squeeze and Breathe: Sensory Based Calming Strategies for All	Jamie McGrew	School Age	Behavior
9	123's and More: Creating a Strong Math Foundation	Dana Halle	School Age	Education
10	Ask the Doctor (0-12)	Kishore Vellody	Birth to Teen	Medical
11	I Want a (Boy/Girl) Friend! Supporting Healthy Dating Relationships	Terri Couwenhoven	Teen/Adult	Sexuality
12	Common Questions (and Answers!) about Health Conditions in Adolescents and Adults with Down syndrome	Brian Chicoine	Teen/Adults	Medical
13	Introduction to Inclusive Higher Education	Stephanie Smith-Lee	Teen/Adults	Education/Inclusion
14	How I Learn	Nancy Gianni	Teen/Adults	Education/Inclusion
15	10 Basic Financial Steps for Special Needs Caregivers	Kelly Piacenti	Teen/Adults	Transition/Independence
16	Home is Where You Hang Your Hat	Denise Gehringer	Teen/Adults	Transition/Independence/Advocacy
17	Feeding Challenges and Nutrition Opportunities for Children and Adults with Down syndrome	Dominica Nichols	All Ages	DS-ASD/ Medical
18	Desensitization to Use of Medical Equipment and Procedure Related Distress	Lina Patel	All Ages	Medical
19	All About D.A.D.S.	Steve Simpson	All Ages	Inspirational
20	Inclusion is for the Included: Breaking Barriers with Self-Determination and Advocacy	LaTaasha & Cairo Byrd	All Ages	Education/Inclusion
21	The NDSC & Me	Kate Dougherty & Shauntel Neal	All Ages	Inspirational
22	What's Happening in DC and What You Can Do	Heather Sachs, Ricki Sabia & Stephanie Smith-Lee	All Ages	Advocacy
23	An Important New Resource: Global Medical Care Guidelines for Adults with Down syndrome	Michelle Sie Whitten, Brian Chicoine, Bryn Gelaro	Adult	Medical
24	Global Medical Roundtable	Michelle Sie Whitten & Panel	All Ages	Medical