YOUR 46TH ANNUAL NDSC CONVENTION PLAYLIST

- **GS1 Opening General Session** Dan Habib, Filmmaker, and Frank Stephens, Self-Advocate
- O1 Using Oral Placement Therapy to Improve Speech Clarity and Feeding Renee Hill, MS, CCC-SLP
- O2 Bringing Therapy Home: Using Clinical Therapy Techniques in Everyday Lessons LaTaasha Byrd
- O3 Solving The Mystery of the Individualized Education Plan (IEP) Julie Harmon
- O4 Employment Services and Project SEARCH Sandra Beer, CPA, MBA and Melinda Paninski
- **O5** Speech Clarity is Independence Jennifer Gray, MS, CCC-SLP, and Hilda Torres, MS, CCC-SLP
- O6 Safety Awareness and Individuals With Disabilities David Whalen, MS
- O7 Foot Problems Associated With People With DS Lorri Riley, DPM
- **08** The ABLE Act in 2018 Christopher Rodriguez
- **O9 Alzheimer's Disease and DS** Huntington Potter, PhD
- 10 Recharge for Resilience: Self-Care Techniques to Combat Compassion Fatigue Sharyn Fein and Martha Fiddes, PT
- 11 After a Parent's Death: Transitioning the Care of an Individual With DS to the Next Generation Sara Davis, PhD and Michael Davis
- 12 Will My Child Always Wear Diapers?
 Understanding Toileting Challenges and
 Exploring Solutions Terry Katz, PhD
- 13 Romper mitos: La gran tarea de las familias de personas con SD en América Latina Alfonsina Almandoz
- 15 Maximizing Communication Skills: Birth to Kindergarten Libby Kumin, PhD, CCC-SLP
- 16 Medical Issues in DS What Caregivers Need to Know Kishore Vellody, MD
- 17 Inclusive Practices: Transforming Education / Transforming Lives Christi Kasa, PhD
- 18 Student Empowerment Through Effective Paraeducator Support Amy Allison and Sean Smith, PhD
- 19 Have Questions? Ask the Doctors Teen and Adult Peter Bulova, MD, and Andrew McCormick, MD
- 20 How to Prepare for Independent Living NOW Meredith Martin and Lee Jones, Self-Advocates
- 21 Behavior & DS: The Respond but Don't React Method David Stein, PsyD
- **What's Happening in Washington DC and What You Can Do** Heather Sachs, JD, Stephanie Smith Lee and Ricki Sabia, JD
- 23 An Unprecedented and Exciting Down
 Syndrome Research Discovery Engine The
 Crnic Institute Human Trisome Project ™
 Joaquin Espinosa, PhD
- 24 Ten Basic Financial Steps for Special Needs Caregivers Kelly Piacenti, MS
- 25 Obstructive Sleep Apnea and Ear, Nose, and Throat Problems Seen in Children and Adults With DS Sally Shott, MD, and Christine Heubi, MD
- 26 Protecting Your Adult Child with Alternatives to Guardianship and Conservatorships Tresi Moore Weeks, JD

- 27 DS-ASD 101: Understanding the Basics of Co-Occurring DS and ASD Charlotte Gray and Jeanne Doherty
- 28 Adquisición de Habilidades sociales y el rol del adulto mediador a través de las artes Victor Romero and Macarena Lizama, MD
- **30** The ABCs of Effective Reading Instruction Dana L. Halle, JD
- 31 Be an Informed Education Advocate: The Future Depends on It! Ricki Sabia, JD, and Stephanie Smith Lee
- 32 Maximizing Language Skills During the School Years: First Grade to Middle School Libby Kumin, PhD, CCC-SLP
- **33** A Home of Her Own: Supported Independence Hal Wright, CFP
- 34 Healthy Transitions: Pathway to Adulthood Andrew McCormick, MD
- 35 Behavior News You Can Use! Stacy Taylor, MA, BCBA
- **36** Have Questions? Ask the Doctor Pediatrics Kishore Vellody, MD, and Sheila Cannon, MEd
- 37 Power of Two Using 21st Century Tech Tools Sean Smith, PhD
- 38 DS Research on the Verge of Breakthroughs: Why We Should Be Excited and Why the Time to Rally Is Now Hampus Hillerstrom, MSC, MBA
- 39 A Road Map to Hope Creating a Circle of Support for Your Adult Sibling Chrissy Lewis, MS, and Cynthia Witherspoon, MS
- 40 Autism Laws and Applied Behavior Analysis (ABA) Coverage Terri Farrell, MBA
- 41 Enfrentamiento de la Enfermedad de Alzheimer en personas con Síndrome de Down Beatriz Paulina Shand Klagges MD
- **44 Toilet Training Tips and Tricks** Stacy Taylor, MA, BCBA
- 46 Creating Inclusive Opportunities Through Tech, Tips, & Tools Sean Smith, PhD
- 47 Promoting Unique Strengths and Resources in People With DS Bryn Gelaro, MA, LSW, and Dennis McGuire, PhD, LCSW
- 48 Tips for Preparing for College and Finding the Right Fit Stephanie Smith Lee, Debra Hart, MS, and Mallory Workman
- 49 When Sensory Processing Interferes With Your Life: Tips to Incorporate Into the Daily Routine Katie Frank, PhD, OTR/L
- 50 The Down Syndrome Medical Interest Group-USA - A Network of Professionals Caring for People With DS Peter Bulova, MD, Maria Stanley, MD, George Capone, MD, and Marilyn Bull, MD
- 51 What Your Other Children Without DS Are Thinking: Sibling Issues for Parents Brian Skotko, MD, MPP, and Susan Levine, MA, CSW
- 52 Comprehensive Special Needs Planning: Creating the Best Possible Future for Your Child Hall Wright, CFP
- Tips for Getting the Most out of Your NDSC Adult Sibling Toolkit Jolie Ganley, MEd
- 54 Medications and Problematic Behaviors and Psychiatric Illness in DS and ASD Michelle L. Palumbo, MD

- 55 Información actualizada en cuidados de salud: empoderando a las familias y cuidadores Macarena Lizama, MD
- 57 Count Me In: Developing Number Sense in Young Children With DS Kristen Adams, MEd
- 58 Navigating the First Five Years Jen Jacob, MA
- 59 Comprehension Strategies to Build a Better Reader Dana L. Halle, JD
- 60 Promoting Health for and With Adolescents and Adults With DS Brian Chicoine, MD
- **62** Inclusive College Opportunities
 Christi Kasa, PhD, Julie Harmon, and Mia Barone and Nick Harmon, Self-Advocates
- 63 People With DS Are ALWAYS Happy, Right?
 Derrick Tennant
- 64 From Power Struggles to Powerful Partnerships: Understanding and Managing Challenging and Unsafe Behaviors Nicole Baumer, MD, MEd
- Across the Lifespan: An Overview of NIH-Funded Research on Alzheimer's Disease, Developmental Issues, Biobanking, and DS-Connect® Melissa Parisi, MD, PhD, Lisa Kaeser, JD, and Sujata Bardhan, PhD
- **666** Empowering Effective Grassroots Advocates: Uniting Our Voices for Change! Heather Sachs, JD, and Jawanda Barnett Mast, MS
- **67** You Have a Special Needs Trust Now What? Rob Wrubel, CFP® AIF® AEP®
- **68** Characteristics of Co-Occurring DS and Autism Lina Patel, PsyD
- 69 Rol de la familia en el proceso de inclusión educativa de las personas con síndrome de Down en las distintas etapas Marcela Álvarez López
- 71 Jumpstart Language and Learning With Sign Language Angela Willey
- 72 Power of Creativity: Apps and Tech Tools for Your Family, School, and Community Katherine Dougherty
- 74 Get Moving, Be Awesome! Physical Therapy and Fitness for Adolescents and Adults With DS Sarah Mann, PT, DPT, MBA, NSCA-CPT
- 75 Speak Up! How Public Speaking Skills Will Open Up Social and Workplace Opportunities Rob Snow
- 76 Bright Foundations: Tips and Tools for Healthy Eating, Habits, and Lives
 Joan Guthrie Medlen, MEd, RDN
- **77 Attitude = Aptitude** Kristen Adams, MEd, and Jennifer Stone, Self-Advocate
- 78 Waiting List Advocacy: Keys, Caucuses & Commitments Erin Taylor, PhD, and Wanda Felty
- 79 Discipling Through Your Disability Anita Allen Penn, PhD
- 80 Awareness, Preparedness, and Prevention: Safety Issues for Children With Special Needs Alyssa Siegel, MD
- 81 Tips for Transition: Guidelines for Adult Siblings and Caregivers
 Janice Nodvin and Andrea Videlefsky, MD
- 82 Common Behavior Issues in Children With DS+ ASD George Capone, MD
- 83 Destruyendo mitos y salvando barreras Cecilia Mandiola Torres, MD, and Andrea Hernández Troncoso