

2019 Workshop Schedule

| WK | Cycle | Workshop Title | Presenters |
|-----|-------|--|-----------------------------------|
| 1 | 1 | Reading Intervention for Children and Adolescents With DS | Lemons |
| 2 | 1 | How to Address Messy Eating and Feeding Safety Through Specific Oral-Motor and Self-Monitoring Skills | Gray |
| 3 | 1 | Top 5 Issues and Concerns During Puberty: A Parent's Guide to Supporting Pre-Adolescent Females With DS | Couwenhoven |
| 4 | 1 | From Home to the Classroom: Communication Challenges for School-Age Children With DS | Gilbert |
| 5 | 1 | Self-Advocacy in Your Community & for Your Employment | Seely, Gamel-McCormick |
| 6 | 1 | Friendship Toolkit | Stadnik, King |
| *7 | 1 | The Down Syndrome Diet: Changing the 'Course' Through Nutrition | Kimes |
| 8 | 1 | LuMind RDS - Leading the Way in Down Syndrome (DS) Research: Why We Should Be Excited About the Future | Hendrix, Hillerstrom |
| 9 | 1 | Foot Problems Associated With People With DS | Riley |
| 10 | 1 | Focus on Life Planning and the Circles of Support | Wright |
| 11 | 1 | Parent Advocate: No Application or Experience Needed – You Have the Job | Murray |
| 12 | 1 | The SELF Model: Sibling Empowerment, Liberty, and Fulfillment | Liszka |
| 13 | 1 | DS-ASD 101: Understanding the BASICS of Co-Occurring DS and Autism Spectrum Disorder | Gray, Doherty |
| 14 | 1 | 8 principios claves en el desarrollo integral del niño con síndrome de Down | Larrain Vacarezza |
| 15 | 1 | Film | |
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| WK# | Cycle | Workshop Title | Presenters |
| 16 | 2 | Foundations for Successful Communication | Bekins |
| 17 | 2 | Making a Splash With Aquatic Therapy: An OT/PT Group Approach | Milligan, Hagenbaugh |
| 18 | 2 | The ABCs of Effective Reading Instruction | Halle |
| 19 | 2 | Developing a Strong IEP | Perry, Pacheco |
| 20 | 2 | Practical and Effective Use of Technology – Throwing Out the Box | Dougherty |
| 21 | 2 | The Next Phase of Support and Planning: Adult and Aging Support | Gregg |
| *22 | 2 | How to Recognize Regression in DS | Dalope, McCormick |
| 23 | 2 | What's Happening in Washington DC and What You Can Do | Sachs, Lee, Sabia |
| 24 | 2 | Behavior & DS: The Respond but Don't React Method | Stein |
| 25 | 2 | An Unprecedented and Exciting DS Research Discovery Engine – The Crnic Institute Human Trisome Project™ | Espinosa |
| 26 | 2 | Understanding Special Needs Trusts and ABLE Accounts for Future Planning | M. Smith, Connell |
| 27 | 2 | Tips for Getting the Most out of Your NDSC Adult Sibling Toolkit | Pursley |
| 28 | 2 | DS Along With Autism Spectrum Disorder: Recognizing the Signs, Understanding the Diagnostic Process, and Exploring Intervention Approaches | Lee |
| 29 | 2 | Recomendaciones adicionales en los cuidados de salud en las personas con síndrome de Down | Flores Arizmendi, Gomez Puente |
| 30 | 2 | Film | |
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| WK# | Cycle | Workshop Title | Presenters |
| 31 | 3 | How to Teach Your Child Gross Motor Skills – Birth to Walking | Winders |
| 32 | 3 | Don't Forget the Music! Get Them Talking When You Use It! | Hampton |
| 33 | 3 | Inclusion 101: Making Inclusion Happen | Smith, Mast, N. Smith |
| 34 | 3 | Assistive Technology: Access for All | Cantagallo |
| 35 | 3 | Promoting Strengths and Adaptive Resources in Persons With DS | McGuire |
| 36 | 3 | The Future of Inclusive Higher Education: Make Your Voice Heard! | Lee, Will |
| 37 | 3 | Behavior News You Can Use! | Taylor |
| 38 | 3 | ABLE Accounts: A Down Payment on Financial Freedom | Kennedy |
| 39 | 3 | Down Syndrome Clinic to You (DSC2U): A New Virtual Clinic for All Families | Skotko |
| *40 | 3 | Obstructive Sleep Apnea and Ear, Nose, and Throat Problems in DS | Heubi |
| 41 | 3 | Connecting Families and Those With DS to Research That INCLUDEs Them | Parisi |
| 42 | 3 | Healthy Transitions: Pathway to Adulthood | McCormick |
| 43 | 3 | DS-ASD: Will My Child Always Wear Diapers? Understanding Toileting Challenges and Exploring Solutions | Katz |
| 44 | 3 | Aprender a enseñar: Estrategias para apoyar a mi hijo/a en el proceso lector y de cálculo matemático | Lisboa |
| 45 | 3 | Film | |

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| 46 | 4 | How to Teach Your Child Gross Motor Skills – Post-Walking Skills | Winders |
| *47 | 4 | The Journey to Communication | Hampton |
| 48 | 4 | The Pee and Poo in You: A Three-Stage Physical Therapy Approach for Successful Toilet Training. | Milligan, Pipan |
| 49 | 4 | A Deep Dive Into IEPs | Barlow |
| 50 | 4 | Twenty Technology Tips & Tools for Effective Inclusion | Smith |
| 51 | 4 | Alzheimer's Disease and DS | Potter |
| 52 | 4 | What Happens When the School Bus Stops Coming | Leahy |
| 53 | 4 | How to Ignite Your Own Life: Roadmap to Success | Egan, Eder |
| 54 | 4 | Updates in Medical Care: The Down Syndrome Medical Interest Group-USA | Bulova, Stanley, Bull |
| 55 | 4 | Stop, Squeeze, Breathe – Sensory-Based Calming Strategies for All | McGrew, Mann |
| 56 | 4 | Ten Basic Financial Steps for Special Needs Caregivers | Piacenti |
| 57 | 4 | Employment for Individuals With DS: Developing Talents and Exploring Dreams | Durbin, Heitzman, Sappenfield |
| 58 | 4 | DS-ASD: Sleepless Children and Exhausted Parents – Understanding Sleep Problems and Exploring Solutions | Katz |
| 59 | 4 | De la menstruación a la masturbación - abordar la pubertad en niños con síndrome Down sin frustración | Spinazzi |
| 60 | 4 | Film | |
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| WK# | Cycle | Workshop Title | Presenters |
| 61 | 5 | 123s and More – Creating a Strong Math Foundation | Halle |
| 62 | 5 | Toddlerhood to Transition: Top Ten Tips for an Amazing Future | Davidson, Lombardo |
| *63 | 5 | Take a Peek! Video Modeling and Video Instruction: A Power Tool for Learning Stuff! | McCary, Delsandro |
| 64 | 5 | Challenging Goals and High Expectations for Every Child | Brinkley, Duch |
| 65 | 5 | The Improvaneers! How the World's First All-DS Improv Troupe Will Be a Game-Changer for Improving Job and Social Opportunities! | Snow |
| 66 | 5 | Can My Child Learn to Drive? Teaching and Assessing Driving Skills for Individuals W/IDD | Ryan, Walters |
| 67 | 5 | The Soul Sisters Return | Ponich, Ponich |
| 68 | 5 | Your Story. Your Voice. You Make the Difference. | Sachs, Mast, R. Mast |
| 69 | 5 | Dr. Jen's Top Ten: Activities for Excellent Balance, Coordination, and Confidence in Movement | Spiric, Mann |
| 70 | 5 | CPAP, Hearing Aids, and Glasses, Oh my! How to Help My Child Wear Their Medical Equipment | Patel |
| 71 | 5 | Brain Train: SMART Actions That Might Boost Cognition and Prevent Alzheimer's Disease in People With DS | Skotko |
| 72 | 5 | Don't Put the Breaks on Before You Start: Transition to Adulthood for Parents | Hartley |
| 73 | 5 | Common Behavior Issues in Children With DS + ASD | Capone |
| 74 | 5 | Formando Conductas Adaptativas para la vida | Maravilla Ávila, García |
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| WK# | Cycle | Workshop Title | Presenters |
| 75 | 6 | Promoting Optimal Health for Children With DS | Vellody |
| 76 | 6 | Awareness, Preparedness, and Prevention: Safety Issues for Children With Special Needs | Siegel |
| 77 | 6 | Using Both Speech and AAC to Support Communicative Independence | Helland |
| 78 | 6 | Accessing the Curriculum | Halle |
| 79 | 6 | Effective Team Approach for Inclusive Education Within a School District – Perspectives From Team Members | Gallagher, Graf, Zweiback, Noga |
| 80 | 6 | Movin' On Out | Bergeron, K. Peglow |
| 81 | 6 | Making the Most of a Behavioral Health Consultation for Adults With DS | Gelaro, McGuire |
| 82 | 6 | Tools to Support a Future Plan | Mahar |
| 83 | 6 | Why Is My Child Reacting This Way? Understanding Your Child's Sensory System | Purdy |
| 84 | 6 | Valued Roles Can Lead to the Good Things in Life - Four Families Combat Devaluation | Caruso, Vazquez, Licata, Davis, Carter |
| 85 | 6 | From Power Struggles to Powerful Partnerships: Understanding and Managing Challenging and Unsafe Behaviors | Baumer, Soccorso |
| 86 | 6 | Introduction to Inclusive Higher Education | Lee, Hart, Foraker, P. Foraker |
| *87 | 6 | Multidisciplinary Advocacy for Children Dually-Diagnosed With DS and Autism Spectrum Disorder: From Diagnosis Through the Lifespan | Pipan, Vincent, Perry |
| 88 | 6 | Síndrome de Down: Vida Dependiente vs Vida Independiente | Aguilasocho |