

Pre-Conference G



Speak Up! Using Public Speaking to Open Social and Workplace Opportunities



Rob Snow, *Founder, Director/Producer, Professional Speaker, Author, Stand Up For Downs, son with DS, Medina, OH*

PUBLIC SPEAKING. It's one of our biggest fears, but when we get good, or even decent at it, public speaking can open so many doors both socially and in the workplace. For those self-advocates who are asked to speak frequently or want to begin speaking publicly more, this session is for you! It will offer strategies on reducing your fears of speaking, tips on honing the perfect speech, and the role humor should play in your speeches. The session will also offer tips on managing speaking engagements, how to prepare the speech, what the contract should look like, and even how much to charge. The strategies and ideas offered in this workshop can be used to build better communication skills, grow self-confidence, and shine new lights on future opportunities. Let's get speaking! A limited number of seats will be available for this session and each self-advocate must attend with a support person.

Learning Objectives:

1. Understand strategies for building public speaking skills.
2. Understand the management of speaking opportunities.
3. Understand ideas and information on promoting the speaker.

About the Presenter:

Rob Snow is a nationally recognized motivational speaker and founder and executive director of the non-profit Stand Up For Downs. He is the director and producer of The Improvaneers, a program geared towards building improvisation and public speaking skills to open up social and workplace opportunities for those with DS.