

SCHEDULE AT A GLANCE

*ALL DETAILS ARE SUBJECT TO CHANGE

THURSDAY

10:00 AM - 8:00 PM
Human Trisome Project

11:30 AM - 7:30 PM
**NDSC Convention
Registration**

12:00 PM - 4:00 PM
**GLOBAL Research &
Medical Roundtable**

3:00 PM - 8:00 PM
Exhibit Hall

5:00 PM - 6:00 PM
**Self-Advocate
Council Meeting**

7:00 PM - 8:30 PM
Welcome Session

8:30 PM - 10:00 PM
Family Fun Night

FRIDAY

7:00 AM - 4:30 PM
**NDSC Convention
Registration**

7:00 AM - 8:00 AM
Zumba with Yulissa

7:00 AM - 9:00 AM
Breakfast Meal Plan

8:00 AM - 3:00 PM
Educators Conference

7:30 AM - 11:45 AM
Kids Camp Session 1

8:00 AM - 11:30 AM
**Advocacy Training
Boot Camp**

8:00 AM - 11:30 AM
Deep Dive Sessions

9:00 AM - 5:00 PM
Exhibit Hall

9:00 AM - 8:00 PM
Human Trisome Project

11:30 AM - 1:00 PM
Lunch Meal Plan

11:30 AM - 1:00 PM
Hispanic Lunch

1:00 PM - 5:15 PM
Kids Camp Session 2

1:15 PM - 3:15 PM
**Youth & Adult Conference
Kickoff Party**

1:15 PM - 3:15 PM
**Siblings Conference
Kickoff Party**

1:30 PM - 3:00 PM
**General Workshop
Cycle 1**

1:00 PM - 3:00 PM
Multicultural Films

3:15 PM - 4:00 PM
General Workshop Cycle 2

4:15 PM - 5:00 PM
**General Workshop
Cycle 3**

5:30 PM - 7:00 PM
**African American
Reception**

7:00 PM - 8:00 PM
Inside NDSC

7:00 PM - 8:00 PM
NDAC Town Hall

7:00 PM - 8:30 PM
Sharing Sessions

8:30 PM - 10:30 PM
Giddy Up & Glow Dance

SATURDAY

7:00 AM - 8:00 AM
**Bodyweight, Strength &
Fitness Class**

7:00 AM - 9:00 AM
Breakfast Meal Plan

7:30 AM - 2:00 PM
**NDSC Convention
Registration**

8:00 AM - 8:00 PM
Human Trisome Project

8:30 AM - 4:00 PM
Exhibit Hall

8:15 AM - 11:30 AM
**Kids Camp
Session 3**

8:30 AM - 11:30 AM
Youth & Adult Conference

8:30 AM - 5:00 PM
Siblings Conference

8:45 AM - 9:30 AM
**General Workshop
Cycle 4**

9:45 AM - 11:15 AM
**General Workshop
Cycle 5**

10:30 AM - 1:30 PM
College Fair

11:30 AM - 1:00 PM
Lunch Meal Plan

1:00 PM - 5:15 PM
**Kids Camp
Session 4**

1:00 PM - 5:15 PM
**Youth & Adult
Conference**

1:30 PM - 2:15 PM
**General Workshop
Cycle 6**

2:30 PM - 3:15 PM
**General Workshop
Cycle 7**

3:30 PM - 5:00 PM
**General Workshop
Cycle 8**

5:45 PM - 6:30 PM
VIP Reception

6:30 PM - 8:30 PM
**Celebrating All
Awards Banquet**

8:30 PM - 10:30 PM
Boots & Bling Dance

SUNDAY

7:00 AM - 8:00 AM
Yoga

8:30 AM - 12:30 PM
**Kids Camp
Session 5**

8:00 AM - 12:30 PM
Human Trisome Project

8:15 AM - 12:15 PM
**Siblings Conference
Field Trip**

8:15 AM - 12:15 PM
**Youth & Adult Conference
Talent Show**

9:00 AM - 10:30 AM
**General Workshop
Cycle 9**